

# The Body In Recovery

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the body in recovery challenges the separation of verbal and bodywork therapies by integrating reich's concepts of character armoring and bioenergetic exercises with psychodynamic theory addressed to therapists this culminating work of twenty years of psychotherapy will also fascinate those embarking on the journey of therapy for themselves and anyone seeking to understand the process of shaping an identity

more than one million americans each year are diagnosed with cancer this guide prepared by the largest cancer program in america devoted exclusively to providing psychological

and social support presents a unique source of information guidance inspiration and hope for any patient who wants to take an active role in fighting cancer

this book explores the relationship of human bodies with natural and cultural environments arguing that these categories are linked and intertwined it argues for an environmentally sustainable and healthy relationship between the body and the earth

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